## OCCUPATIONAL THERAPY



Occupational therapy (OT) is focused on helping individuals participate in meaningful activities that enhance their well-being and quality of life. OT aims to improve a person's ability to perform daily tasks, such as self-care, work responsibilities, and leisure activities. Through personalized interventions, adaptations, and therapeutic techniques, occupational therapists empower clients to regain independence, adapt to disabilities, prevent further decline, and achieve their personal goals of living life to the fullest.

## **Self-Pay Pricing**



