



## 2021 ANNUAL REPORT



## Message from Founding Director- Gaby Camargo

September 16<sup>th</sup>, 2008 was a day that I will remember for the rest of my life. It was the day I learned that my husband had been shot in the back of his neck. When the doctor explained to me that had the bullet been a half inch to the other side, Romy would have died, I knew instinctively that this journey we were about to go on was more than just his injuries. I knew that God wanted us to do more with it, which is why he spared Romy's life. Many people would view this incident as an adversity, however we have always seen this as an opportunity. With our unwavering faith, we both knew from the beginning that this was part of a bigger plan to make a bigger impact. It was from there that Stay In Step Spinal Cord Injury Recovery Center was born. Out of a desire to ensure that everyone in the Tampa Bay area would have access to the rehabilitation that they needed.



## OUR MISSION

Stay in Step's Mission is to provide long term physical rehabilitation and therapy to people living with brain and spinal cord injuries or any other neurological disorder resulting in paralysis.

## PROGRAM HIGHLIGHTS

The Stay In Step Brain and Spinal Cord Rehabilitation Center is uniquely designed to provide access for active duty military, veterans, and civilians alike, that are motivated to participate in the customized, intense exercise and mobility training that Stay In Step provides in their program.

In 2021 Stay in Step served over 14,000 hours of rehabilitation to their community. Thanks to donors around the world we have been able to provide over \$500,000 in scholarship aid to insure inclusivity.



***"I am a war fighter. I was a war fighter on the battle field and I am a war fighter now."***  
**- Romy Camargo**

# FINANCIAL SUMMARY

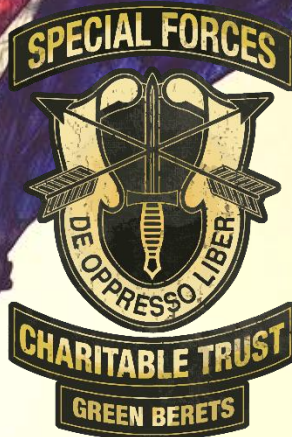
Stay In Step heavily relies on its donors to support our Supplemental Scholarship program so that we are able to be more accessible to those who may not be able to afford physical therapy. Our goal is to become completely self-sufficient in our programming so that we are able to utilize our funding towards a new bigger facility which will allow us to serve a larger population.

<b>2021</b>	<b>Income</b>
Fundraiser Events	\$308,327
Direct Public Support	\$149,154
Program Service Fees	\$603,873
Other Income (ie. PPP)	\$80,374
<b>Total Income</b>	<b>1,141,728</b>

<b>2021</b>	<b>Expenses</b>
Supplemental Program discount	\$112,113
Salaries	\$647,610
Medical/Billing software/Equipment	\$30,773
Facility and Operations	\$143,867
Fundraising	\$106,347
<b>Total Expense</b>	<b>\$1,040,710</b>



# THANK YOU TO OUR HIGH TIER DONORS!



**ARVIA**  
A GENERAL DYNAMICS COMPANY  
SUPPORT FOR THE WARRIOR



# TRUE NORTH

THE MCRAVEN  
FAMILY



Naval Postgraduate School  
**Foundation  
& Alumni Association**

**SkyBridge**  
TACTICAL



# WHATS NEXT?

## NEW PROGRAMS

Stay in Step thrives in providing the greatest level of personalized and personable care and comfort to our clients. We are always looking for the latest innovative equipment and treatments to support our clients.



## HyroWorx Aquatic Therapy Pool

- Improves underwater gait-kinematics, cardiorespiratory and thermoregulatory responses.
- Reduces Spasticity.

## FES BIKES

- Reduction of spasticity and improved range of motion
- High intensity patterned activity for neuro re-education
- May facilitate gains in functional recovery.

## COMPRESSION BOOTS

Improves circulation and lymphatic drainage.

- Removes waste products like lactic acid.
- Increases flexibility

## MASSAGE THERAPY PROGRAM

- Increases oxygen flow to areas of the body where there is chronic tension
- Reduces pain through the central nervous system

## NEW FACILITY

Stay in Step is currently serving 52 patients and is looking to expand to a larger facility to accommodate a larger portion of the community. Romy and Gaby are looking to stay in the Tampa Bay area and find a property between 8,000-10,000 Square Feet.





# 7<sup>th</sup> Annual Gala



The Annual Gala is Stay in Step's Main fundraising event of the year. This event is what supports our supplemental discount program through a night of food, dancing, and live and silent auctions. This is an unforgettable evening of fun, connection and most importantly, helping support the mission of Stay In Step!



## 7<sup>th</sup> Annual

# StayInStep

BRAIN AND SPINAL CORD INJURY RECOVERY CENTER

### *A night in Paris*

## Gala

**September 17<sup>th</sup>, 2022**

RENAISSANCE TAMPA  
INTERNATIONAL PLAZA HOTEL  
4200 Jim Walter Blvd.  
Tampa, FL 33607

**Join us**  
for an unforgettable  
VIP evening,  
with dinner, live band  
performance, open bar,  
silent and live auction  
and more. As we  
celebrate the  
7<sup>th</sup> Annual Gala of the  
Stay in Step Brain and  
Spinal Cord Injury  
Recovery Center

6:00 to 7:00 PM  
COCKTAILS  
& HORS D'OEUVRES

7:00 to 11:00 PM  
DINNER GALA

ATTIRE  
BLACK TIE

TICKETS AND EVENT INFO AT  [WWW.STAYINSTEP.ORG/GALA-2/](http://WWW.STAYINSTEP.ORG/GALA-2/)  Patricia Diosa @ [DIOSA@STAYINSTEP.ORG](mailto:DIOSA@STAYINSTEP.ORG) 



